

Have you heard the secret to cervical cancer prevention?

No? That's because **there is no secret.**

But there are simple steps anyone can take to prevent cervical cancer.

Vaccinate early. It is recommended that girls and boys be vaccinated at age 11-12. The vaccine produces a stronger immune response when taken during the preteen years, but women and men can be vaccinated through age 45.

Screen regularly. Women should start with a Pap test at age 21 and should be co-tested with a Pap and an HPV test starting at age 30. A healthcare provider will offer advice on how often a woman should be screened.

Learn more about protecting your cervical health at www.nccc-online.org

NCCC
National Cervical Cancer Coalition
A program of the American Sexual Health Association

